



Lyndoch Primary School

Achieving Together

Respect - Resilience - Collaboration - Self Responsibility

TERM 3, Week 4

Principal - Melissa Babic
Coordinator - Kate McAuley
Finance Officer - Bec Handke
PCW - Jo Herrmann

Diary Dates:

Year 1 Phonics Screening Check
02.08.2021 to 27.08.2021

Parent & Friends meeting
19.08.2021 at 9 am

Photo Day
23.08.2021

Preservice Teachers
23.08.21 to 22.09.2021

RAA
25.08.2021

Bookweek & Fair
23.08.2021 to 27.08.2021

Bookweek Performance
26.08.2021

Bookweek Dress Up
27.08.2021

SAPSASA Basketball Carnival
27.08.2021

Father's Day Stall
03.09.2021

Sports Day
17.09.2021

Governing Council meeting dates
20.09.2021 - 5:45 pm
25.10.2021 - 5:45 pm
06.12.2021 - 5:45 pm

Pupil free Days
07.09.2021
Term 4 TBC

School Closure Day
06.09.2021

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Lyndoch SA 5351
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www.lyndochps.sa.edu.au

Phone: 8524 4172
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Mobile: 0422 002480
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Principal's Day

Last Friday we celebrated Principal's Day with the school presenting me with a beautiful bunch of flowers and a framed picture of a tree with all the students' finger print. I love the excitement of visiting the classrooms each day, I love hearing about the teachers' ideas and making them reality, I love the morning hellos from the students, I love hearing about the achievements the students are making, I love analysing the data, I love the community feedback, I love seeing the improvement in the facilities and I love the privilege of leading a school, so thank you.



Future Planning

Planning is continuing for 2022. We are looking at class configurations and need accurate numbers for each year level to plan the best possible scenarios. Consequently we would like to know if you are planning to leave the school.

We will seek your feedback early in Term 4 regarding your child's placement. If there are any issues you would like considered, please email the school so that this information can be considered, preferred to when class placements are made later in the year. If there are any matters requiring more urgent attention, please speak to the teacher in the first instance.

We also want to make sure we have all siblings listed. If you have had a child recently, or if you are not sure whether you have lodged an enrolment form or registration of interest for any siblings, please check with Bec in the front office. We don't want to miss anyone!



NAIDOC Celebration



On Friday 13th August we finally got to acknowledge NAIDOC week. During this time we celebrated the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. We also acknowledge the Peramangk people who are the traditional custodians of the land our school is situated on. The students were involved in a range of activities throughout the day.



Big Ideas in Number- Number Sense

Number sense is a person's general understanding of number and number operations along with the ability to use this understanding in flexible ways to make mathematical judgements. Number sense helps us to develop useful and efficient strategies for managing numerical situations, which can result in a view of numbers as being meaningful and making sense.

Learning to count with understanding is a crucial number skill. Different mental strategies can be prompted simply by presenting objects (such as stamps on a flashcard) in various arrangements.

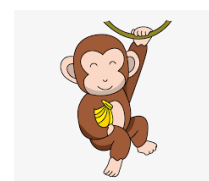
For example, showing six stamps in a cluster of four and a pair prompts the combination of 'four and two is six'. If four is not subitised (instantly recognised) by the learner then it may be seen as 'two and two and two is six'. The arrangement of two groups of three is much simpler and would not elicit the same response.

So, different arrangements will prompt different strategies and these strategies will vary from person to person.

It is important from an early age to provide situations that allow learners to use mathematical skills and knowledge in more than one way. Number is not just a collection of arithmetic operations: adding, subtracting, dividing and multiplying. Number sense incorporates thinking and questioning the ways numbers are used in different contexts.

An example of the importance of context is illustrated below:

The monkeys at the zoo ate 45 bananas in the morning and 37 bananas in the afternoon. How many banana skins were left on the enclosure floor at the end of the day?



Interoception

An interoception activity focuses on creating and noticing a change in some aspect of one's internal self, such as muscular system, breathing, temperature, pulse or touch.

People with atypical Interoception are not able to identify the physiological changes that signal mood changes or bodily self-regulation needs. Interoception activities teach us to connect with these.

An interoception activity focuses on a particular part of the body for at least 30 seconds.

- It enables a change to occur in one's body state while labelling the movement and part of the body involved (e.g. toes, stretch and curl up or curl under)
- *Repeat the same activity for a second time.*
- The individual is encouraged to identify a change in their body state (e.g. hot-cold, soft-hard, stretch-relax) and where they felt that change (arch or ball of foot, on top).

Interoception activity

Cat/Cow stretch

Start on all fours. Your back should be flat like a tabletop.

Eyes should like straight down to the ground.

Breathe in through your nose, drop your belly down and slowly lift the head/neck up.

When you exhale through your mouth, lift the belly and spine up so the back is arched like a cat.

Alternate 5 – 10 cow to cat stretches.

Where did you feel it in your body when we were stretching?

We are going to repeat the activity again, but this time we are going to focus on our back muscles.

How did your back muscles feel while completing that stretch?



Japanese

Facts about Japanese:

Did you know that Japanese has many different alphabets for writing?

There is the following:

Hiragana ひらがな (used for grammatical purposes and also for words that have Japanese origins),

Katakana カタカナ (traditionally used for borrowed words from other languages) and

Kanji 漢字 (which came originally from China, and can have many pronunciations).

There is also a category of alphabet that is used to write how things are pronounced using the English alphabet, this is called *romaji* **ローマ字**

(Romanised alphabet)

SSO Week

It is School Service Officers Week from the 16th to 20th August. At Lyndoch Primary School we appreciate the skill and expertise of our SSOs. We are fortunate to have a fantastic team to educate and care for our students and help run our school efficiently. They always go above and beyond the call of duty for the benefit of our students, staff and school and we look forward to celebrating with them during week 5.

Thank you

Alyce

Andrew

Bec

Carol

Cyndi

Darin

Jasper

Jess

Jo

Kara

Lisa and

Tash

Volunteer training

The RRHAN-EC training has been updated and needs to be carried out by all people wanting to volunteer in our school including Governing Council members. Please Ctrl+Click to access the link below.

[How volunteers access RRHAN-EC training \(education.sa.gov.au\)](https://education.sa.gov.au)

Contact details

If you have changed your phone number or address please contact your child/children class teacher.

COVID update

- Minimise the number of people coming and going from our school. Please drop and collect your child at the gate and maintain the appropriate physical distance from other adults. If your child needs additional support entering the school please call the front office on 8524 4172 and a staff member can support them with this.
- We still want to have regular communication with you so any communication is to be done through Seesaw, Teams, email or telephone.
- Lunch orders will not be provided on Wednesdays until otherwise advised.
- OSHC will continue providing care for all students.
- Sports PE lessons will continue as normal. Further information around sports days and other sporting events including SAPSASA will be communicated as they arise.
- Face masks
 - Adults must wear face masks. Exceptions to this include when teaching or engaging with students, eating or drinking, during PE lessons, when outside or who have a medical condition.
 - Surgical face masks are available in all classrooms for students if they wish to wear them however they are not compulsory for students in primary school settings. Students can wear their own cloth masks.

If you're unwell, get tested

People who have any of the symptoms below, even if mild, should get tested for COVID-19 as soon as symptoms appear:

- fever or chills
- cough
- sore throat
- runny nose
- shortness of breath
- loss of taste or smell
- diarrhoea and vomiting.

Visit [SA Health's website](#) for details of testing centres and clinics.

Friendly Schools Awards:

Week 3 – Lincoln S

Week 4 – Nil

Congratulations to our Award Winners:

Week 3

R/1 Class: Lachlan

1/2 Class: Brody

3/4 Class: Imogen

4/5 Class: Kai

6/7 Class: Harley

Week 4

R/1 Class: Nil

1/2 Class: Nil

3/4 Class: Nil

4/5 Class: Nil

6/7 Class: Nil

Mr. Smiley Award

Week 3 – Connor M

Week 4 – Nil

Birthdays

The following students are having or had their birthdays so we would like to wish them a very happy birthday:

Nil

Birthday song in Japanese

Otanjoubi omedetou

Otanjoubi omedetou

Otanjoubi omedetou

__(name)__san

Otanjoubi omedetou

Outdoor garden area **HELP**

The vegetable garden has been overtaken by weeds so if you are free at any time please help us.



Regards
Melissa Babic
(Acting) Principal

Book Week

23rd - 26th Aug



BOOK FAIR

Monday- Friday

8.30- 8.55am and 3.15-3.30 pm.

Class teachers will also bring the class through once during the week.



BOOK WEEK PERFORMANCE

'Bigger, Better, Brighter' Thursday 1.50 pm

MYSTERY READER- Who will come into your class to share a book today?



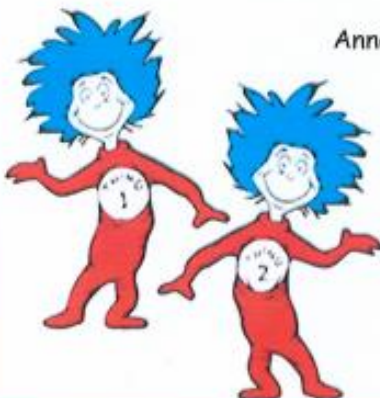
BOOK WEEK PARADE- Friday. Celebrate Book Week by dressing-up as one of your favourite characters.

Due to SA Health/DfE restrictions unfortunately parents/caregivers will not be able to attend this year's Book Week events, including the Book Fair. Payment for books can be made by cash or by completing an EFTPOS payment slip – students can collect from stall. Wish list forms will be available for students to complete



Announcement of new library name- Friday

The library will be open at lunchtime all week.



Camp Fire Damper



Ingredients

400 g self-raising flour ($\frac{1}{4}$ tsp salt, 2tsp sugar optional)
200 ml milk
1 egg

Method

1. Mix dry ingredients together in a large bowl, make a well in the centre of the dry mix.
2. In a small bowl, beat egg with a whisk or fork, add the milk and stir through.
3. Pour the egg mix into the well in the dry ingredients and mix together with a wooden spoon. Once combined tip dough onto a floured surface and bring together until dough is smooth.
4. To cook in camp oven- divide dough into 6-7 balls. Place trivet in the base of the oven, then cover it with baking paper. Arrange dough balls on top of paper and put on the lid. Place oven on top of a base of hot coals and then cover the lid with more coals. Cook for approx. 30 mins.
5. To cook on a stick- divide dough into approximately 10 balls, roll into sausages and then wrap dough around the end of a long stick. Hold over embers turning regularly until browned, approx. 10 mins.
 - Try adding different flavours to the dry mix eg. rosemary, cheese, capsicum etc